



24TH **ANNUAL** REPORT

FINANCIAL YEAR 2022

Wi♥care Support Group
a charity for widows and the fatherless



VISION

Bringing hope to the broken-hearted widows and the fatherless

MISSION

- Reach out to widows and the fatherless to identify with their grief and loss
- Deliver services that provide emotional, social and financial support
- Help widows and their children cope with bereavement and rebuild their lives
- Create a safe environment for sharing experiences and building community

SERVICES

- Counselling and group therapies
- Befriending widows
- Building a pool of widow-befrienders to buddy our widows to ride through the difficult times.
- Peer support programmes for widows and fatherless children
- Financial Assistance Schemes to needy widows and their families
- Education fund, academic awards, and tuition for low-income households
- Regular activities to connect, equip and inspire
- Support network and sub-groups for widows and the fatherless: WiCluster, WiFilles, WiGlow, Wi^华 (Chinese-speaking Widows Group) and WiSpark

Chairman's Message

We commemorated International Widows Day on 23 June with our first community exhibition of craft work by our members, community and corporate partners. Launched by Senior Parliamentary Secretary for Ministry of Culture, Community and Youth & Ministry of Social and Family Development, Mr Eric Chua, the display at Centrepont helped raise awareness of grief and bereavement issues widows and their children face.

We are pleased to see a substantial increase in member volunteers, and it was especially gratifying that many of the volunteers offered to befriend newly bereaved widows after experiencing help at Wicare. There were also generous volunteers who opened their homes and provided alternative platforms for connection and healing.

All these helped to perpetuate the ecosystem of self-help and continuous development. We recognise that this organic growth model entails a more laborious path of recruiting, equipping, and motivating befrienders, but we believe this approach will strengthen the support system and enlarge the community.

Our bereavement support effort was given a boost when we received funding for an Arts program for our children. We look forward to the renewal of grant from the National Council of Social Services for Children's Grief Support program. With that, we will be equipped to provide structured grief support to our children and teens.

Going forward, we will continue to identify potential Board members for Board diversity, empower our sub-committees for a more rigorous oversight, and deepening the social impact of our work.

Our team will be strengthened with the addition of two staff in 2023. As our team grows, we are mindful that communication and teamwork becomes even more critical and will have a direct impact on our service quality.

We are grateful to the many members, donors, stakeholders, friends of Wicare, and volunteers who continue to support and encourage us. We are also deeply indebted to our dedicated Board members who have given us their time to debate issues and make hard decisions together. Our committed management and staff also deserve recognition for their untiring efforts in engaging with the community and ensuring excellence in the delivery of services.

Thank you... you have made our journey of help a meaningful and fulfilling experience.

Ms Lim Poh Hong
Chairman





Management Committee (2021 to 2023)

- | | | |
|---|--|--|
| <p>1. Lim Poh Hong
 Chairman
 <i>Elected in 2007*</i>
 <i>7/7 meetings</i>
 Former Group Director of
 Human Resources</p> | <p>5. Chay Tai Yoke
 Assistant Honorary Treasurer
 <i>Elected in 2003*</i>
 <i>7/7 meetings</i>
 Documentation Executive</p> | <p>9. Martini Hoan Lee Hoa Manuru
 Committee Member
 <i>Elected in 2015*</i>
 <i>6/7 meetings</i>
 Regional Lead Regulatory
 Affairs & Compliance, Asia
 Pacific</p> |
| <p>2. Ho Pei Fern
 Vice Chairman
 <i>Elected in 2013*</i>
 <i>7/7 meetings</i>
 Procurement Executive</p> | <p>6. Han Chow Chin
 Committee Member
 <i>Elected in 2003*</i>
 <i>7/7 meetings</i>
 Retiree</p> | <p>10. Tay Seow Fang
 Committee Member
 <i>Elected in 2019*</i>
 <i>7/7 meetings</i>
 Office Executive</p> |
| <p>3. Nancy Thio Ling Lie
 Honorary Secretary
 <i>Elected in 2015*</i>
 <i>6/7 meetings</i>
 Advocate & Solicitor</p> | <p>7. Lau Ah Moi
 Committee Member
 <i>Elected in 2011*</i>
 <i>4/7 meetings</i>
 Assembler</p> | <p>11. Wei Suat Nee
 Committee Member
 <i>Elected in 2019*</i>
 <i>5/7 meetings</i>
 Deputy Director of Facilities &
 Infrastructure</p> |
| <p>4. Tay Siew Kee
 Honorary Treasurer
 <i>Elected in 2019*</i>
 <i>6/7 meetings</i>
 Wealth Management
 Consultant</p> | <p>8. Lye Lan Fong
 Committee Member
 <i>Elected in 1999*</i>
 <i>7/7 meetings</i>
 Financial Services Manager</p> | |

**Elected to the Management Committee of Wicare Support Group*

Organisation



Corporate Governance

UEN Number: **S98SS0084G**

Name of Banker: **DBS Bank Limited**

Statutory Auditor: **Tan, Chan & Partners**

Reserves Policy

Wicare maintains a reserve policy of 2 years. This allows us to safeguard meeting the immediate needs of our members through our programmes and services. The Management Committee regularly reviews the budgets and expenditures to ensure we continue to fulfill our obligations.

Conflict of Interest Policy

Wicare's conflict of interest policy is approved by its Management Committee and requires all Committee Members and employees to declare actual or potential conflicts of interest on an annual and need-to basis. Wicare has documented this policy and the processes which guide and define a conflict of interest and how it is handled.

Disclosure and Transparency

The Management Committee adheres to regular evaluation of its performance and effectiveness and ensures compliance with requirements in the Code of Governance. The Group makes available to its stakeholders an annual report that includes information on its governance, programs, activities, services, audited financial statements, Management Committee members and Executive Management. The annual report including the audited financial statements is accessible via the Group's website.

The Committee Members serve on the Management Committee as volunteers and do not receive any remuneration or benefits. For the financial year, there is no employee who received more than \$100,000 in salaries, bonuses and CPF contributions.

Fundraising Practices

Wicare always conducts its fundraising practices in an ethical and transparent manner and in line with the Fundraising Guidelines by the Charity Council.

Sub-Committees

The Sub-Committees are appointed for one year term by the Management Committee

The Executive Committee is a smaller group that meets more frequently than the full Management Committee (MC). The EXCO comprises the Chairman, Vice Chairman, Honorary Secretary, Honorary Treasurer, Assistant Honorary Treasurer and Co-opted Members approved by the MC.

The EXCO oversees the operations of the MC, often acts on behalf of the MC during on-demand activities that occur between the meetings, that are later presented for full MC review.

Executive Committee (EXCO)

Lim Poh Hong
Katherine Ho
Nancy Thio
Sharon Tay
Linda Chay
Cynthia Tay



The Audit & Compliance Committee facilitates the external and internal audit of Wicare Support Group for the Management Committee to obtain independent information about the organisation's activities.

Audit & Compliance Committee

Nancy Thio
Lim Poh Hong



The Finance Committee is led by the Honorary Treasurer to assist the Management Committee in fulfilling its obligations and stewardship on all finance and finance-related matters of Wicare as well as review and making recommendations on finance policies.

Finance Committee

Sharon Tay
Linda Chay



The Fundraising Committee is responsible for overseeing Wicare Support Group's overall fund-raising and, in particular, the fund-raising done by the Management Committee.

Fundraising Committee

Lim Poh Hong
Nancy Thio
Esther Soh
Joyce Han
Joyce Lye
Wei Suat Nee



The functions of **Human Resource Committee** include drafting and/or revising personnel policies for Management Committee approval and reviewing job descriptions

Human Resource Committee

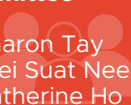
Lim Poh Hong
Sharon Tay
Linda Chay
Cynthia Tay
Wei Suat Nee



The Nominations and Remuneration Committee is responsible for the general affairs of the Management Committee, establishing a salary structure, annually reviewing staff salaries and the benefits package.

Nominations and Remuneration Committee

Lim Poh Hong
Nancy Thio
Joyce Lye
Sharon Tay
Wei Suat Nee
Katherine Ho



Year 2022 in Numbers

11 children

received individual counselling



75 widows

enrolled in WiShine Grief Counselling



315

Counselling Sessions were conducted



23 runs

of the Care & Connect Group



94 widows

attended the Care & Connect Group



58 widows

were befriended by our Befrienders



Outreach Presentation to **22** social service agencies and community organisations



\$415,567

donations were received



\$436,774

grant was received



5 new corporates partners



20 new volunteers



35 members received a \$100 NTUC grocery voucher from Gift of Love by New Creation Church



\$5200 of New Creation Church Bursary Award was disbursed to **10** students who are from the low-income household



23 Befrienders

received training for WiShine Program



\$6,000 was disbursed to **3** students for the 2nd and 3rd year Jehovah Jireh Academic Award



6 new student applicants

were awarded a total of **\$8,500** for the Jehovah Jireh Academic Award 2022



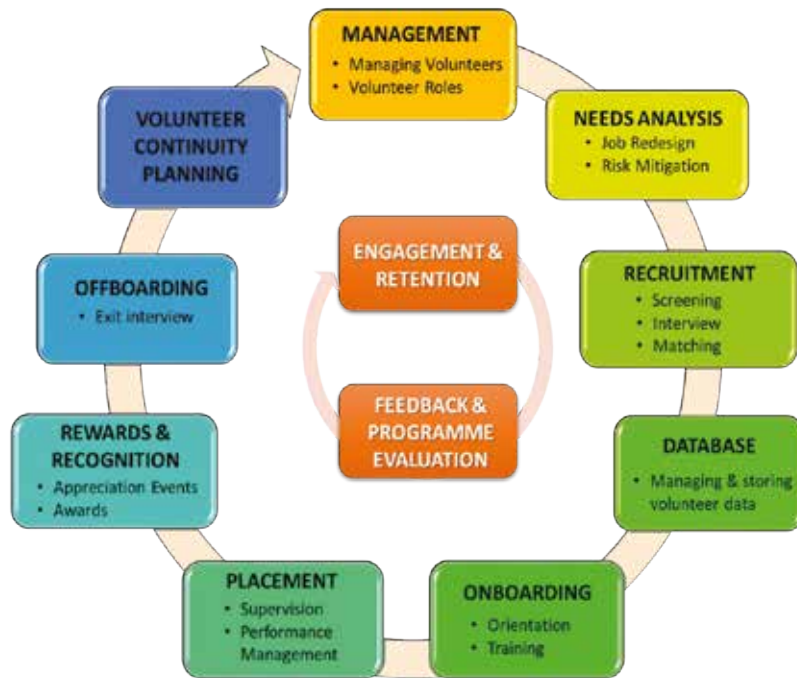
\$20,722 was dispensed to **8 widows** and **1 child** under the Financial Assistance Scheme



New Milestones

Volunteer Management Framework

In 2022, Wicare launched our Volunteer Management Framework to roll out key initiatives to bring about increase in volunteers and enhance volunteer's experience.



Volunteer Appreciation Luncheon 2022

Wicare held our inaugural Volunteer Appreciation Luncheon over a garden party theme at KNOTS Café on 5 November 2022.

It was also the first time we introduced and presented the Volunteer Long Service Award to 19 recipients who have volunteered between 5 years to 30 years.

A big thank you to all our volunteers and corporate partners. Their involvement has supported our work and allowing us to reach out to more widows who required support and assistance in our midst!

The volunteer appreciation drive was made possible with Community Chest - SHARE as One Grant.



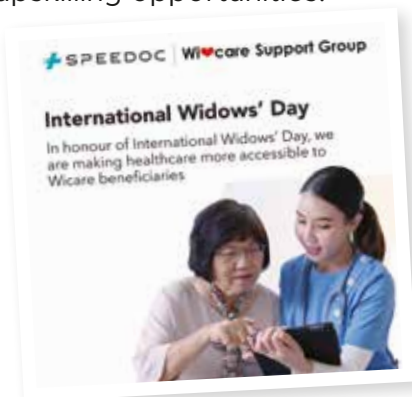
International Widows' Day 2022

We commemorated International Widows' Day on 23 June 2022 at The Centrepont through a Community Exhibition to build greater knowledge around the issues of grief and bereavement support.

Aptly titled "Badges of Honour", a total of 250 badges were created by our widows and their children, various social service agencies and corporations were pieced together into a display. Each badge contained messages from widows and their children for their passed loved one, or an encouragement note from participating organisations for the widows.

Gracing the event was Mr Eric Chua, Senior Parliamentary Secretary for Ministry of Culture, Community and Youth & Ministry of Social and Family Development, with our widows and their children, and attendees from our community partners in attendance. The community exhibition was showcased at The Centrepont from 23 June 2022 to 30 June 2022.

Speedoc Pte Ltd collaborated with Wicare to extend their reach further into the community and Wicare's beneficiaries through a suite of services such as health screenings, complimentary telemedicine, job training and upskilling opportunities.



"We hope this event will bring awareness to more people of the availability of bereavement support for widows and children who experience the loss of their beloved husband and father. In addition, we are grateful to Speedoc for the partnership which will provide our beneficiaries with greater access to healthcare."

Mr Edwin Lim, Executive Director of Wicare Support Group

"After my husband suddenly passed away, I was extremely lost but found Wicare and I felt that I been picked up by the counsellors gently yet firmly, directed and helped me to walk through the difficult times and broken up feelings."

Ms Lim Lan Sim, a member of Wicare Support Group

"It brings us great fulfillment to be able to give back to our community by ensuring medical care is kept affordable and most importantly, accessible to all. Leveraging on our partnership with Wicare, we aim to enable the widows to continue caring for their loved ones without compromising on their own health due to work commitments and other obligations."

Ms Serene Cai, Co-Founder and Head of Partnerships & Projects at Speedoc



Staff Long Service Award

We introduced the Long Service Award for staff from 5 years to 25 years of service. It is a gesture of recognition for the length of the employee's service, and the award consists of cash award and a certificate.

Our Executive Director, Mr Edwin Lim presented the Long Service Award (5 Years) to the first recipient, Ms Joanna Chin, Finance Assistant in March.

Counselling

WiShine Programme



Developed by the National Council of Social Service together with Wicare, WiShine Programme seeks to support widows and their children who are in bereavement, especially in the widow's initial adjustment to widowhood. It also supports widows who have relapsed into their grief and have difficulty coping with grief and have weak social support.

This programme contributes to supporting all widows in leading dignified lives through the improvement of their social support and relationships, and psychological well-being.

- Peer support groups known as Care and Connect Groups
- Individual grief counselling
- Support by other widows who have adjusted to widowhood, known as Rebuild and Shine.

Outreach and Partnerships

- Assisi Hospice
- Care Corner Family Service Centre (Toa Payoh)
- Care Corner Family Service Centre (Tampines)
- Chung Cheng High School
- Dover Park Hospice
- Eagles Mediation & Counselling Centre
- Fei Yue Active Ageing Centre (Bukit Panjang & Choa Chu Kang)
- Methodist Welfare Services (Home Care & Home Hospice)
- REACH Community Services
- SAGE Counselling Centre
- Salvation Army (Peace Haven Nursing Home)
- Singapore Cancer Society
- St Andrew's Community Chapel
- St Andrew's Community Hospital
- St Luke's Community Hospital
- St Luke's ElderCare
- Tan Tock Seng Hospital (Care & Counselling Department)
- Tampines Changkat Constituency Office
- Trans Service Centre (Bedok)
- Trans Service Centre (Tampines)
- Thye Hua Kwan Moral Society
- Woodlands Health Centre



Testimonials by WiShine Participants

Yvonne Chan, 45 years old

When I lost my husband in Apr 2020, I found myself having to shoulder various responsibilities, from running my late husband's family business and looking after my mother-in-law and sister-in-law to managing my children who were having their O' Level and PSLE examinations. In addition, I had to take care of my son's and my medical surgeries. For a period, I felt helpless, emotionally drained, and extremely anxious about bringing up my children single-handedly. I also had to look after my mother-in-law who was also in a state of grief. Overwhelmed, I harboured suicidal thoughts.

I found out about Wicare when I searched online for a support group and joined its group therapy sessions. Through this support network, I realised that I was not alone in my journey and was encouraged to be open in my sharing. I learned how to manage my grief in my family and be confident as a single parent. Today, I am thankful that I have a group of friends who share similar experiences as well as counsellors whom I can turn to in times of need and grow to love and hope again.

Moving forward, I hope to influence my children positively by passing on the legacy and lessons of my husband and showing compassion towards underprivileged individuals and families as a volunteer befriender to new Wicare members.

This is the third year since my husband has passed. My family and I have settled into our new routine. I am grateful that my children are doing well, and I am learning to cope with the loss of my husband in a healthy way. I have carved out time from a busy schedule to volunteer with Wicare, supporting newly bereaved ladies as a befriender and helping with administrative work in the Wicare office. In March 2023, Wicare will be running a fatherless program for the first time. I strongly feel that many of the fatherless kids will benefit from the programmes as they will be able to express and process their grief in age-appropriate therapy and activities. I will be volunteering in this area and look forward to helping the kids in this program.

Lim Lan Sin, 46 years old

I am thankful and fortunate to have experienced the best support and understanding from the counselors, volunteers, benders, and the office staff of Wicare who quietly help thousands of widows and fatherless kids.

Ma Yan, 43 years old

在辅导的过程中，辅导员的人生阅历和见解启发和开解了我很多。很感谢她们的无私付出和帮助，希望将来我能够变得强大起来，早日走出这段悲伤和阴霾，然后在自己条件允许的情况下也能够去帮助更多需要帮助的人。

Volunteer Management

2022 was a very eventful year for Volunteer Management. Since the interception of the Enhanced Volunteer Manager funding scheme by National Council of Social Service in January 2020, Wicare witnessed a growth of 40% in the volunteer pool over the last 2 years. We have more than 90 volunteers to date ranging from befrienders, skilled based volunteers such as volunteer counsellors and organisations who partnered us to organise events for our members.

Volunteers Training

To scale up Wicare volunteerism effort and ensure that our volunteers received adequate trainings, a series of training were rolled out in 2022.

A. Samaritan of Singapore (SOS)

Wicare worked with SOS to conduct a 1-day suicide intervention workshop in March to equip our befriender volunteers who may have to deal with cases of widows who are at the risk of suicide ideation. More than 17 participants attended the workshop.

B. Befrienders Training

Our counsellors conducted 4 sessions in 2022 to equip the befrienders in understanding their grief journey so that they can provide a more effective support when journeying with another widow.

C. We are Hear (WAH)

Wicare partnered We are Hear (WAH) to provide different exposure for befrienders through 4 sessions of heart based listening workshops to train more than 30 befrienders. WAH is a volunteer-led initiative to encourage informal or heart-based listening within communities to nurture authentic human connections which is listening to understand instead of giving solutions.



Service-Based Volunteerism Partnership

Volunteer Management team forged new strategic partnership to provide service-based volunteerism partnerships for our members.

Christmas Event by New Creation Church

With the generosity of New Creation Church (NCC), they organised a large-scale Christmas Event with several activities such as tote bags painting, making musical boxes, and crafting Christmas wreath for more than 150 widows and their children at The Star Vista on 10 December 2022.



To spice up the event, the NCC music team put up a Christmas Carolling and the participants enjoyed themselves thoroughly and had a jolly good time.

We are thankful to NCC, our long-time partner for hosting our members and their children to a beautiful and memorable Christmas event.

Estate Planning Workshop by Highlife Advisory

In response to the needs of our members, Wicare partnered with skilled volunteers from Highlife Advisory to organise a series of Estate Planning Workshop to benefit more than 50 widow members.

To facilitate discussion, the staff from Highlife organised a breakout group and provided our members ample opportunities to ask questions in a small group setting.

Through the workshop, our members learnt new knowledge and were able to do a more in-depth reflection on the type of legacy they wanted to leave to their next generation, which is more than simply writing a will.

Highlife Advisory also continued its volunteering journey by extending complimentary Lasting of Attorney (LPA) for our members. This saves our members the hassle and cost from engaging a lawyer on their own.



Finding Joy Workshops by ART Venture

ART Venture offered our members two of their signature programme, Finding Joy through Origami and Finding Joy through Movement in May 2022 to benefit more than 20 widow members.

The small group setting provided the participants a safe space to reflect and share about their own grief journey. ART Venture innovative approach created opportunity for conversations and how the participants can still find joy in difficult situations by focusing on the positive aspects of life.



Children's Day Celebration

In conjunction with Children's Day, we had a new collaboration with Georges @ The Cove Cafe on 7 October 2022.

The cafe organised a beach clean-up activity to bond the mother and child, sponsored delicious meals and engaged external vendor to conduct magic show and balloon sculpture for the children.

The day has brought much cheer to the children and mothers with the program and hospitality provided by the team at Georges @ The Cove.



What keeps you volunteering for so many years in Wicare?

“ Being a volunteer is not a bed of roses.

Over the years, I learnt that It is important for me to have sufficient self-care, surrounded by supportive family and friends and be happy with who I am.

This gives me energy & insights to manage different widows or volunteers I am assigned to. I learnt as long as I do my best, I can leave the outcome to God. ”

Joyce Han

Joyce Han is our Befriender Extraordinaire. Having served more than 25 years in Wicare as Board member, Mentor and Befriender, she is a familiar face in Wicare, and is admired and loved.

But it has not been an easy journey for her since her husband's passing 30 years ago. She made the decision to fold up her husband's engineering business in order to focus on bringing up her teenage daughter. Having to rise above the challenges of single parenthood strengthened her and prompted her to search for a new purpose in life.

Today, that purpose has become part of her life. Through volunteering in Wicare, she has blossomed and become a role model for all the volunteers.

She is stirred to help whenever she hears of a widow in need – whether due to a recent bereavement, or just needing a companion for a hospital visit, or to deal with her

loneliness. She understands passion comes with commitment and would persevere in helping the widows until they walk out of their grief.

She single-handedly launched the WiCluster Sub-group by recruiting befrienders one at a time, approaching them during talks and Wicare events. It's hard to resist Joyce Han when she is on a mission.

She is generous with her time and money, often filling her day helping others. A Christian, she attributes her indefatigable spirit to the kingdom battery that powers her.

She showed us how to grow old with purpose, and that giving of oneself often brings fulfilment and joy. Even though she is stepping down from Wicare as Board Member, her legacy of selfless giving will continue through the many volunteers and members whom she has inspired.

Members' Services & Sub-Groups

New Members

81 new members joined Wicare in 2022. As of 31 December 2022, the total membership was 1042 members.

Research Study

5 members had participated in Zoom Interview with Jeremy Ong from Singapore University of Social Science in his research study that aims to explore how informal social support influence one's bereavement experience. The insights gathered will help better understand the importance of informal social support and thereby help to develop more accurate approaches to promote bereavement care.

NUS LKYSPP MSF-Funded Study on Low-Income Single-Parent Households

5 members with their children, aged 11 to 20 years old had participated in a research study separately by Dr Kwan Jin Yao of the Lee Kuan Yew School of Public Policy at National University. As they explore the social capital and well-being of Low-Income Single-Parent Households in Singapore. The study is funded by the Ministry of Social and Family Development (MSF) under the Social and Family Research Fund. Participants received \$30 in voucher as a token of appreciation after survey.

Activities & Events

80's Golden Hits

We were invited by Esplanade for Exclusive Online Screening via Zoom. 80's Golden Hits by passionate songstress Shuk Fong on 5 January 2022 as she belt out a series of upbeat Cantopop songs from the '80s by singers such as Anita, Connie Mak and Priscilla Chan! This event was attended by 8 members.

Divas Of The Decades

An online screening session of "Divas of the Decades" by Esplanade on 16 February where 11 members enjoyed the singing performance of homegrown diva Mathilda D'Silva. She and her seven-piece band deliver a repertoire of magnetising hits from Shirley Bassey, Whitney Houston, Tina Turner, Aretha Franklin.

Teochew Kueh-Making

Miss Qara Yoon and her mother, Founders of local social enterprise, Yoon's Social Kitchen shared different types of traditional Teochew Kueh, through an informal online talk organised by HeritageCares on 22 March. This workshop was attended by 26 members.

The Select Mission 1114

"The Select Mission 1114" that bring an interactive guided adventure with teen over Zoom was organised by Focus by the Family on 4 June and attended by 1 mother and her child.

Huayi-Chinese Festival of Arts

As part of Esplanade's Huayi – Chinese Festival of Arts, an annual cultural arts festival that showcases works of the most outstanding Chinese artists, Esplanade presented a theatre show "Between You and Me" on 13 February. 10 members bonded over lunch before the performance.



Talk On Identity, Not Crisis

The counselling team from the Healing Mind Haven gave a zoom talk on 12 March on "Identity, Not Crisis". This interactive webinar is designed to help teenagers to understand the development stage they are in, how to identify their strengths and values, and use these to lead a more fulfilling life. It was attended by 8 mummies.



Basic IT Skills

In collaboration with RSVP and tapping on the SkillsFuture credit, 10 seniors widows gained some Basic IT skills through the training conducted in Mandarin on 17 & 18 March and the English session on 21 & 22 March.



Relieve Gout Pain Talk

A virtual Talk on "Relieve Gout Pain" the TCM way organised by Heritage Cares on 16 November was attended by 8 members.



Soap Making & Eco-casting

After covid-19 safe management measures were lifted, physical Creative Craft Workshop on Soap Making & Eco-casting were organised on 21 April and attended by 18 members.

Mothers' Day Celebration

In conjunction with Mothers' Day on 8 May, 40 members celebrated with an outing to Esplanade for a concert by homegrown music group - The Love Jukebox, followed by bonding over refreshment.



Wifillies Picnic

Wifillies (widows with young children group) had a gathering during the school holiday on 12 June. 46 mummies and their children turned up at Botanic Gardens for picnic and games.



Luncheon By Lions Club Nanyang

Invited by Lions Club Nanyang for a charity Luncheon & Performance at Hilltop Garden in Bukit Batok Civil Service Club, 69 members and staff attended the event on 25 July.



Moon Capriccio Lunchtime Concert

On 7 September, 24 members celebrated Mid-Autumn Festival by a lunchtime concert by Singapore Chinese Orchestra at Singapore Conference Hall.

TCM Talks

National Heritage Board had specially organised 2 virtual TCM health talks on “Improving Your Sleep” and “Self-Care According To Your Body Type” on 16 September and 14 October respectively. The talks benefited 35 members.

Ajoomma Movie

16 members and Executive Director, Mr Edwin Lim attended the movie gala of “Ajoomma” at Capitol Theatre on 19 October under the invitation of Golden Village Pictures.



Virtual Tour & Health Talks

National Heritage Board had specially organised Kampong Lorong Buangkok Virtual Tour and TCM health talks on “Relieving Back pain the TCM Way” on 13 & 16 December respectively attended by 35 members.

Tote Bag Workshop

A Tote Bag Workshop was organised on 14 October with 10 members participated.



Evergreen Classics Charity Concert

23 members attended an Evergreen Classics Charity Concert sponsored by Lions Community Service Foundation at SOTA on 22 October.

Ortritious Ginseng Farm Visit

On 9 July, 20 members visited Ortritious Ginseng Farm which grow fresh ginseng in Singapore. The farm used a smart automated farm system with the secret of producing 4 times more nutrition than conventional ginseng.



Wifillies BBQ

Wifillies (mother and young children group) 20 mummies and 30 children turned up at West Coast on 26 November for BBQ and games.



Virtual Coffee Painting Workshop

A virtual painting workshop using coffee organised by NHB Heritage on 25 November was attended by 12 members.

Luncheon by Lions Club Nanyang

Members were invited by Lions Club Nanyang for a Luncheon cum performance at Hilltop Garden in Bukit Batok Civil Service Club on 28 November which was attended by 85 members and staff.

Wisparks

Wisparks organised 3 zoom sessions in 2022, to discuss different topics that were of interest to widows without children. The sessions were facilitated by our social worker volunteer, Rose.

26 Jan – How to manage difficult emotions during Chinese New Year

20 April- How to manage strong emotions (part 1)

14 Sep – Dealing with strong emotions (part 2)

Through the sessions, the widows get to understand each other grief journey and how to better manage it when trigger occur.

In addition to zoom sessions, Wisparks group will come together to attend physical events organised by Wicare, such as Will writing workshop and Christmas event.



Fundraising & Publicity

Wicare Dining Experience

Due to the Covid-19 Safe Management Measures, we held a few nights of fundraising dinner in March. With the generosity of our donors, we raised more than \$85,000.



SP Group

Wicare had the privilege to be featured in SP Group hardcopy mailer and their online platforms with our member, Mdm Nellie Teo's story which goes out to all their customers to rally support and awareness towards Community Chest.





FAMILY TIES

A journey of hope, purpose and love!

Saturdays 11am & 10pm
With Susan Ng



Saradha Ramachandran
MSF's Alliance for Action Support for single parents Mums and Mommies Counselor, HELP FSC



Kakali Basak
(with her children)



CNA 938

Our member, Ms Kakali shared her story as a single widowed mother and the support she received from Wicare on CNA 938 on 12 March 2022.

The Straits Times

Our Executive Director, Mr Edwin Lim was interviewed by The Straits Times for an article on 5 October.



8 World 新闻网

新加坡

女儿丧父被斥没家教 她走出悲痛当义工助寡妇

文: 邓沁怡

发布: 20/05/2022 16:33 更新: 20/05/2022 16:43

☆ 收藏



Community Chest

Wicare is a beneficiary of the Community Chest and our member, Mdm Sandra Chuah's story was shared.



The Asian Parent



Donors Acknowledgement

Corporations and other organisations

Komoco Motors Pte Ltd	Tomie Pte. Ltd.
Reunion Properties Pte Ltd	Trinity Annual Conference Women
Stamford Tyres	

Churches

Hollang Village Methodist Church	Paya Lebar Methodist Church
Life Bible-Presbyterian church	The Methodist Church in S'pore
New Creation Church	Church of Our Saviour

Individuals

Angeline Jannsen	Koh Jimmy	
Anne Hardoon	Koh Sing Liang	Ong Keh Kiong
Anthony Chao Tar Liang	Kong Yoke Siong	Ong Sioe Hong
Bee Eng Chua	Kuok Oon Kwang	Ong Yi Pei
Benety Chang	Kwa Kim Li	Ooi Chung Mui Nee Tan
Benjamin Poon	Kwee, Chua Lee Eng	Oon Ai Zhu Nicole
Calvin Thean	Kwok Mei Len Lotus	Osel Ang Siew Leng
Chan Huey Yuan	Kwok Wai Keong	Phillip Tan Eng Seong
Chan Mei Lin	Kwok Wai Keong	Pow Ai Lin /Chan Ai Lin /Pow Tuk Kwan
Chan Pek Yoke Patricia	Lam Sweet Mei	Quek Li Lian -Lilian Tan
Chan Yoke Wei	Laureen chan	Rachel Seah
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Emily Yeo	Lim Chee Lai	Tan Sok Hoon
Esther Ho	Lim Gek Yong	Tan Tian Leng
Esther Su	Lim Janet	Tang Eng Yeow Terrence
Eu Yee Ming Richard	Lim Teck Chai, Danny	Tay Kay Kay
Eunice Chua	Lim Yin Yin	Tay Lek Eng Jessie
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Joethy Janna-Vale	Ng Wei Teck Willie	Yip Lai Ha
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Katiana Theresa Sukamto	Noreen Chua Lee Choo	Zhang Yihui
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